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New Mexico
Public Schools
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Authority

Complimentary Professional Development for Educators Technical Assistance Program

LIVE VIRTUAL COMPLIMENTARY PROFESSIONAL DEVELOPMENT WORKSHOP VIA ZOOM

Creating Safe, Supportive Learning Environments Practical Strategies for Staff and Student Success

Wednesday, September 2, 2026

8:30 - 10:30 AM or 12:00 - 2:00 PM

Presented by Lydia M. Sandoval, MA

TAP Consultant, Behavior Management Specialist



Supporting students with challenging behaviors begins with creating environments where they feel safe, connected, and ready to learn. Students impacted by chronic stress and trauma may struggle with emotional regulation, attention, relationships, and classroom engagement. This evidence-based training equips educators with practical, ready-to-use strategies to create supportive learning environments, reduce challenging behaviors, increase student engagement, and improve academic outcomes.

Participants will learn:

- 🧠 **Origins of Behavior**
 - The brain-body connection
 - Setting Events
 - How trauma affects behavior and learning
 - Fight, flight, freeze response

🏡 **Create Safe Environments for Students & Staff**

- Building trust and connection
- What are the triggers and body language to be aware of before the behavior
- Design a safe place to self-regulate

AM Click

[HERE](#)

OR

PM Click

[HERE](#)

The PM session is the same as the AM session. A Survey will be posted in the zoom chat at the end of the presentation. You must complete the survey to receive a Certificate of Completion. You can join the PM session if you miss part of the AM session.