



Introduction to Social-Emotional Learning
Live Virtual Webinar
Wednesday, September 30th from 9:00-11:00 AM

Presenter: Linda A. Gregg, Ed.D. and Sunita Smith, M.A.
Technical Assistance Program (TAP) Consultants
Certified Trauma Support Specialists

As a result of this interactive introductory 90-minute Webinar, participants will be able to recognize and learn to use evidence-based strategies to reduce social-emotional stress, anxiety, and tension. The strategies may be used for students, teachers, administrators, and parents. Participants will be able to:

- Recognize possible causes of stress and its effect on the body.
- Understand Adverse Childhood Experiences (ACES) and its impact on the brain
- Learn to identify physical, psychological and behavioral stress symptoms and how to manage them.
- Practice self-management techniques that have a positive impact on the brain.
- Help students recognize, learn and self-regulate by using Social-Emotional Learning (SEL) Skills.

Next Steps: Our series of Social-Emotional Learning Webinars will continue to provide strategies to teachers, parents, and administrators to help support our students of New Mexico. The series will continue twice each month beginning October 14 and October 28, 2020.

Complimentary!

[Click here to register and receive your Zoom Invitation!](#)

Contact: Loretta Garcia
lgarcia@ces.org
Technical Assistance Program
Coordinator
Cooperative Educational Services
TAP Hotline: (505) 985-8454

