



Complimentary Professional Development for Educators Technical Assistance Program (TAP)



LIVE VIRTUAL COMPLIMENTARY PROFESSIONAL DEVELOPMENT WORKSHOP VIA  ZOOM

Understand Behavior Needs: Introduction to Self-Regulation Strategies to Support All Students Part 1

Wednesday October 19, 2022

8:30 am-11:30pm 12:30-3:30pm

Presented by Lydia M. Sandoval M. A.

Lydia M. Sandoval, Technical Assistance Program (TAP) Consultant

GCert Appl. Behavior Analysis (ABA) & Certified Trauma Support Specialist (CTSS),
former Registered Behavior Technician (RBT), Technical Assistance Program (TAP) Consultant

Let's begin a journey this Fall, learning all about Self-Regulation. This is the first of a three-part series. We will learn a holistic approach to support all students that demonstrate challenging behaviors. Participants in this **live virtual webinar via zoom** will increase their understanding of the complexities of behavior. We will explore five areas of Self-Regulation including; Cognitive, Emotional, Social, Prosocial, and biological behaviors. During this webinar, attendees will receive an interactive notebook that includes 2 engaging Self-Regulation Lesson Plans and a host of Self-Regulation strategies.

In this webinar, you will:

Learn to reframe your mindset to help understand challenging behaviors.

Identify the functions of Cognition in Self-Regulation.

View resources to teach your students about how their brain works when under stress.

Begin to resolve behaviors of concern with Step 1: Pair/Connect, Step 2: Safety/well-being.

A.M. Click

[Here](#)

OR

P.M. Click

[Here](#)