



New Mexico
Public Schools
Insurance Authority

Complimentary Professional Development for Educators Technical Assistance Program (TAP)



CES

LIVE VIRTUAL COMPLIMENTARY PROFESSIONAL DEVELOPMENT WORKSHOP VIA  ZOOM

Part 2



*Educators Resources for Individuals with
Autism Spectrum Disorders & Other Disabilities:*

EXECUTIVE FUNCTIONING SKILLS Part 2

Thursday April 20th, 2023

8:30 - 11:30 AM OR 12:00 - 3:00 PM

Presented by Margaret Wood, MA/CCC-SLP and TAP Consultant

Executive function (EF) skills include attention, planning, time management, task initiation, organization, problem solving, working memory, flexible thinking, emotional and self-control, which are essential for success in school, work, and life in general. This “management system of the brain” helps us control and coordinate our thoughts and actions to achieve a goal. Challenges with EF isn’t a diagnosis or a learning disability, but it’s common in people who learn and think differently, such as those with autism spectrum disorder (ASD) and attention deficit hyperactivity disorder (ADHD).

During Parts 1 and 2 of this EF workshop, we will fill our toolbox with a multitude of strategies to support our students’ executive functioning, including “strategy instruction”, a teaching process that *provides students with clear strategies to help them process, remember, and express the information they learn*. This powerful, lifelong tool boosts students’ cognitive and metacognitive abilities while increasing their confidence as learners. For students who learn and think differently, strategy instruction is critical. Just as we teach content-area strategies, we can also teach social strategies (such as listening and interpreting nonverbal signals), which results in higher engagement, less frustration, and improved classroom behavior.

Although it is encouraged that you attend both Parts 1 and 2 of this Executive Functioning Toolbox to receive the information in its entirety, participants who missed Part 1 are welcome to join us for Part 2!

COMPLIMENTARY WORKSHOP!

AM Click ➔ **8:30 - 11:30**

PM Click ➔ **12:00 - 3:00**